



DYNAMIC LIFE CHRISTIAN SCHOOL

1600 John Marshall Highway • Front Royal • 540 636-9595

Elvi Rogers, Director

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monday

tuesday

wednesday

thursday

friday

2



No School
LABOR DAY

3

Chicken Nuggets
Fries
Pears
Milk



Cheese Sticks, Crackers, & Juice

4

Grilled Cheese
Broccoli
Apple Slices
Milk

Goldfish & Milk

5

Hot Dog
Baked Beans
Grapes
Milk

Teddy Grahams & Milk

6

Taquitos
Corn
Fruit Cocktail
Milk

Cereal & Milk

9

Pizza
Green Beans
Applesauce
Milk

Popcorn & Milk

10

Salisbury Steak
Mashed Potatoes
Fruit Cocktail
Milk

Fruit Snacks & Milk

11

Pancakes
Sweet Potato Fries
Banana
Milk

Teddy Grahams & Milk

12



HAT DAY!

Chicken Patty
Peas
Pineapple
Milk

Pretzels & Milk

13

Spaghetti Os
Cucumber Slices
Pears
Milk

Granola Bar & Juice

16

Mac & Cheese
Broccoli
Peaches
Milk

Granola Bar & Milk

17

Pepperoni & Cheese
Crackers
Pineapple
Milk

Pretzels & Milk

18

Hot Dog
Tater Tots
Applesauce
Milk

Popcorn & Juice

19

Turkey & Cheese Sandwich
Peas & Carrots
Pears
Milk

Popsicle & Milk

20

Hamburger
Salad
Grapes
Milk

Animal Crackers & Milk

23

Tacos
Corn
Strawberries
Milk



KOZURN
6:00 p.m.

Cookie & Milk

24

Egg Sandwich
Hashbrowns
Mandarin Oranges
Milk



KOZURN
6:00 p.m.

Yogurt & Milk

25

Bologna Sandwich
Carrot Sticks
Peaches
Milk

Jello Cup & Milk

26

Cheeseburger
French Fries
Orange
Milk

Cereal & Milk

27

Corn Dog
Green Beans
Fruit Snacks
Milk

Ice Cream Treat & Milk

30



Pajamas DAY
Wear your jammies & slippers to school

Turkey Wrap
Cucumber Slices
Pears
Milk

Watermelon & Milk

September 24

