



DYNAMIC LIFE CHRISTIAN SCHOOL

1600 John Marshall Highway • Front Royal • 540 636-9595

Amber Jones, Director

email dlcs1@comcast.net www.dlcs1.com

AUGUST 26

Wednesday at 6:30pm Bring the whole family and join the fun! We have exciting classes and activities for kids and teens of all ages, plus groups for men and women. Come build relationships, grow in your faith, and enjoy a great evening together!

monday

3

tuesday

4

wednesday

5

thursday

6

7

CLOSED FOR SCHOOL AND SUMMER CAMP

10

11

12

13

14



TEACHER WORK WEEK



Lunch policy updates are on the back

BREAKFAST BISTRO

SOUP & SANDWICH

PASTA KITCHEN

AMERICAN FAVORITES

PIZZA FRIDAY

NO SCHOOL
OR CHILD CARE
**MEET THE
TEACHER**

17

Chicken Noodle
Turkey & Cheese
Grapes
Milk
Watermelon & Juice

**FIRST
DAY OF
NEW
SCHOOL YEAR**

18

Macaroni & Cheese
Green Beans
Applesauce
Milk
Apple Slices & Milk

19

**Wednesday
Family
Nights**

Chicken Nuggets
Fries
Mixed Veggies
Milk
Watermelon & Juice

20

Cheese Pizza
Garden Salad
Fruit Cocktail
Milk
Cookies & Milk

21

Waffles
Sausage
Strawberries
Milk
Apple Slices & Milk

24



Tomato Soup
Grilled Cheese
Carrot Sticks
Milk
Watermelon & Juice

25

Spaghetti with Meat Sauce
Broccoli
Applesauce
Milk
Grapes & Milk

26

**Wednesday
Family
Nights**

Cheeseburgers
Fries
Peaches
Milk
Watermelon & Juice

27



Pepperoni Pizza
Broccoli
Bananas
Milk
Popsicle & Juice

28

NEW LUNCH OPTION! = ORGANIC PB&J =



A SIMPLE, HEALTHY, AND DELICIOUS LUNCH OPTION!

We're excited to offer an Organic Peanut Butter & Jelly Lunch as a purchase option for students.
Made with organic ingredients whenever possible!

WHAT'S INCLUDED



Organic Peanut Butter & Jelly Sandwich
(made on Dave's Killer Bread™)



Organic Banana



Organic 100% Apple Juice



Organic Fruit Snacks



ORGANIC
GOODNESS
KIDS LOVE!



FRESH & FLEXIBLE

Organic sides may vary based on seasonal and product availability but will always be selected with the same commitment to quality.

LUNCH PRICE:
\$6.00



WE ALSO OFFER OTHER LUNCH OPTIONS!



HOT LUNCH
Available daily!



PBJ LUNCH
Available daily!



Thank you for your understanding and partnership as we work together to provide the best lunch experience for all of our students!

LUNCH POLICY = UPDATE =



WE WILL NO LONGER BE OFFERING LUNCH HEAT-UPS FOR PACKED LUNCHES.

With the increase in packed lunches, it has become too difficult to feed everyone and heat lunches efficiently.

HOT LUNCH SOLUTIONS

Students who would like to pack a hot lunch should use a thermos.
When preheated with hot water, thermoses keep food warm until lunchtime!



Mac & Cheese



Soup



Pasta



Chicken Nuggets



Other great options:

- Rice Dishes
- Leftovers
- Chili
- Oatmeal
- And more!



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